



Shaklee News

"We decided to join Shaklee after being approached by every other supplement company in the world."

Apparently this couple did their homework on the Clinical Research and Science behind Shaklee Products....Plus the Money Back Guarantee on each product!

"We decided to join Shaklee after being approached by every other supplement company in the world wanting a piece of our business. We simply saw through all of the gimmicks other companies deploy and stood behind the integrity and leadership of the Shaklee organization and Roger Barnett.

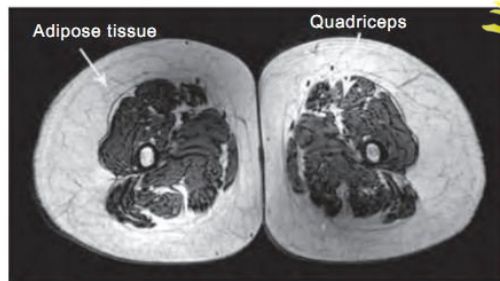
We love Life-Strip™, and before LifeStrip was introduced, Vitalizer™. We have both used this product religiously over the past four years and have never felt better. Shaklee has influenced our nutritional philosophy and made a sizable impact on our finances. But more so, fit right in with the lifestyle that we wanted to practice and preach to our client base!" Morgan & Devan



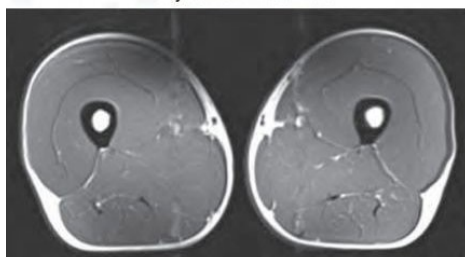
MAINTAIN MUSCLE MASS AS YOU AGE

Published in the journal Physician and Sports Medicine

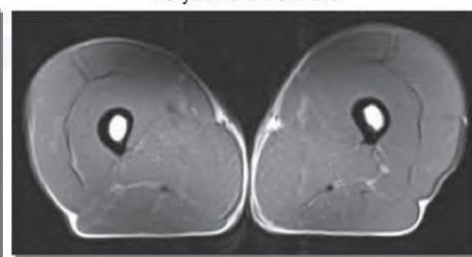
74-year-old sedentary man



40-year-old triathlete



70-year-old triathlete



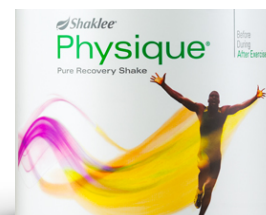
The above images are quadriceps MRI scans of a 74-year-old sedentary man, and a 74 and 40 year-old male triathlete. The difference in muscle mass is astounding. It's pretty impressive to see what little difference aging seems to make in muscle mass for people who remain extremely active as they grow old.

Researchers conclude in the study abstract that aging doesn't have to mean muscle atrophy at all, if you use your muscles.

Get a "Little Help" in Building Those Muscles

Shaklee Physique

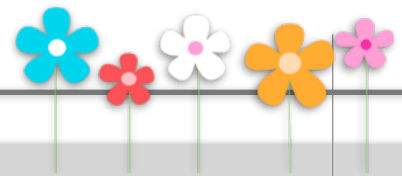
- Help build firm, lean muscles
- Help restore muscle energy
- Support muscle repair



Physique contains the right amount of protein and carbohydrates to help you recover faster and optimize muscle rebuilding.

Natural banana flavor. No artificial flavors, sweeteners or added preservatives.

Cholesterol Reduction Complex



Cholesterol Reduction Complex is a proprietary formulation with clinically proven ingredients that help prevent the absorption of cholesterol and lower LDL cholesterol.

- Made with a powerful blend of sterols and stanols, which are found naturally in plants, fruits, vegetables, and grains
- Delivers 2,000 mg of plant sterols and stanols daily
- Plant sterols and stanols have been clinically proven by more than 80 studies to lower LDL cholesterol
- Delivers 100% of the National Institutes of Health's (NIH) daily recommendation for plant sterols and stanols



So how exactly do plant sterols and stanols work?

- Because they are structurally similar to cholesterol, plant sterols and stanols compete for absorption in the intestines.
- Plant sterols and stanols bind to receptors in the intestines, leaving cholesterol behind.
- The net result is that less cholesterol is absorbed by the body, and less ends up in the blood stream.



STUNNING RESULTS !

In late July my husband's cardiologist was beginning to talk "statins" which are not even an option for us because of all the side effects, so James began taking the Cholesterol Reduction Complex in late July. In 3 ½ months, after taking the Cholesterol Reduction Complex, James' LDL dropped from 145 to 116. His HDL (good) increased from 63 to 78. His Cardiologist is amazed. James is on no medication, only vitamins and his Doctor is wanting information on what he has been taking. His overall ratio went from 3.5 to 1.49! These are stunning ranges and in only 3 ½ months.

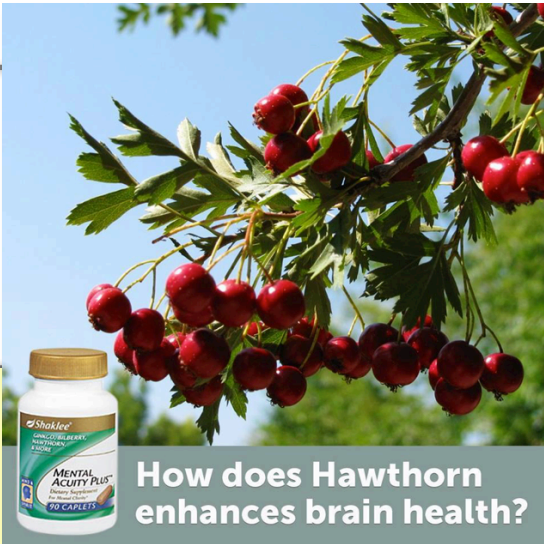
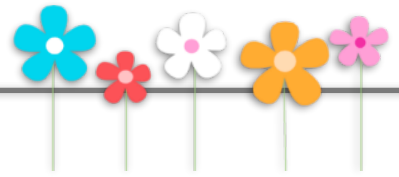
Lilli Hetherington

Impressive Cholesterol Story

Here's a quick update on my experience with Shaklee's Cholesterol Reduction Complex. AMAZING ! After having been on Lipitor for over 25 years, I began to experience serious muscle impairment and pain and weakness. I had asked my doctor to remove me from Lipitor a year before because it didn't feel right but he indicated I needed to be on it. I went back early for a checkup and asked again. After blood tests, he called me and told me to get off immediately as my liver enzymes were significantly elevated. I didn't want to go on any other statin after that experience and was excited when Lorri told me about Shaklee's Cholesterol Reduction Complex. When I began taking it, my cholesterol was well over 425 - seriously high. I began taking one pill a day. Within 4 months, my doctor said that since my counts were gradually decreasing, I could stay on the Shaklee product. Then, one day, I was reading the bottle and realized it said that 2 tablets was a serving.* I began immediately to increase the dose. Last week I got my latest count. 254!!!! Amazing. I know it will go even lower as I continue with my healthy lifestyle, exercise and good diet. Thank you Lorri for telling me about this life saving medicine. I feel so much better. Praise our Lord Jesus for revealing this to me.

Linda

***Linda has been alerted to the fact that 2 tablets with 2 daily meals is the recommended amount. In other words she needs 2 servings a day. Just imagine the results she'll get after applying this new dosage!! With only ½ dose she went from 425 to 254 that's unreal!**



**How does Hawthorn
enhance brain health?**

MENTAL ACUITY ... full of "GOODNESS"!

Mental Acuity Plus is a Shaklee exclusive formula that contains hawthorn as well as ginkgo, gotu kola, bilberry, and B vitamins to enhance memory and decision making. It also helps lower homocysteine levels.

Hawthorn when combined with ginkgo (ginkgo biloba) improves blood circulation so more oxygen is transported to your brain. item # 20637

VIVIX and High Blood Pressure

I have high blood pressure that is controlled by a diuretic and beta blocker combination medication. Even with medication, my systolic ranges between 129-138 and my diastolic between 75-83, and my pulse would range anywhere from 80-91 (rarely dropping below 80).

After five days on Vivix, my blood pressure was 111/69 and pulse 59. The only thing different that I had been doing prior to this low reading was Vivix. I hope to eventually be able to come off all medications. I do supplement with magnesium and CoQ10 to counteract what my BP medication causes in nutrient deficiencies, but I'd rather not have that stuff going through my system.

I have not been on any other medications, nor changed my diet; my exercise level is still around 7500 steps a day and I do light resistance workouts with 5 lb weights. Overall, I seem to have more energy and am better able to concentrate. I would recommend that you take Vivix in the morning, so you can get the benefit of **MORE ENERGY** throughout the day.

Genia Powell



My Shaklee Story Find Your Healthy, Authentic Self Through Shaklee!

As a working wife and mother to a very active toddler, two horses, and two dogs, I was exhausted. No matter how much sleep I got, **I was still depleted**. I would start a work out DVD, hoping to increase my energy, only to have to stop midway through, because my energy levels were just too low.

Then I found Shaklee. With the Vitalizer Pack, I started my journey to wellness. Within days, I felt better. By the end of a week, I wasn't ending my days completely depleted. Within 30 days, I was dancing through my kitchen and back to completing my work out routines with high energy. **My family took notice** and even pointed out how my body shape was changing. **Today, I have the energy that I had in high school.**

I never saw myself owning my own business, let alone working in the health industry -- but Shaklee changed that for me by providing products that are clinically tested in double blind studies, made from entirely organic ingredients, and that work.

Shaklee has changed my life. I can't help but talk about it with others!

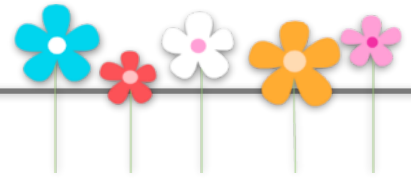
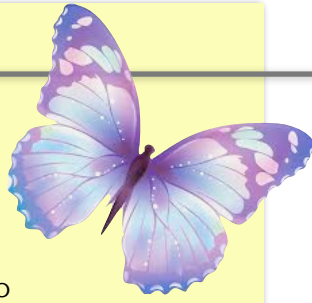
Katie



ATRIAL FIBRILLATION

I was diagnosed with Atrial Fibrillation four or five years ago. At one point it was so bad that my heart almost never was in normal rhythm and I hardly had energy to do anything! I was actually considering going into the hospital so the doctor could administer 4 "bad" drugs in hopes that they would control it. I decided instead to put myself into God's hands instead of the doctors' hands and He healed my heart! I give HIM all the credit and glory because overnight my heart changed from almost always beating wrong to almost always beating right. It's the "almost" part that I want to address because even though there was no doubt that God had done a work in healing my heart, I still occasionally had episodes that were scary. I was concerned that perhaps Vivix might trigger an irregular heartbeat and asked one of our Shaklee scientists whether that was a possibility. The response was that I could possibly experience a great improvement in heart function. And that is exactly what has happened! **Since I started taking Vivix, I have not had a single episode of A-fib!** Not once has my heart been out of perfect rhythm!
Praise God and Vivix!

Jenny Williams



"Get Clean" WATER



Clean water is vital to our health. however, pesticides, heavy metals and industrial pollutants are often found in our drinking water. In addition, up to 20% of human lead exposure comes from drinking water. Shaklee offers a solution that is certified to reduce up to 99% of lead and over 50 other contaminants. Item: #89113

The BASE to any supplement program should always be a good Multi Vitamin. Taking isolated vitamins without a multivitamin will not yield optimum results.

ESSENTIALS

In 1915, Dr. Shaklee created the first multivitamin in the United States. It is from this foundation that we now have Vita-Lea.

CHOICES

Vita Lea with Iron

Vita Lea without Iron

Vita Lea Gold (50 plus)

ONLY \$10-\$13.00 Per Month!



**VITA-LEA
IRON**
GREAT AS A
PRENATAL/
POSTNATAL
MULTIVITAMIN

